

Emotion Code/Body Code Case study



The following case study shares anonymized details of a client and some or all of the findings from that client's session. It is intended for educational purposes to help us be more aware and ultimately live our lives to our highest potential.

Client: Young child

Age: 1 year

Client Symptoms: Awakening throughout the night, "crying a lot"

Session findings:

"They hate me" mental energy – Pre-conception (i.e., prior to this life)

Are you having nightmares about this? Yes. Is this about your previous family? Yes.

Released

Imbalanced sleep cycle/pattern - Reset

Associated imbalance: Trapped emotion of Insecurity

Is this recent? Yes.

In last week? Yes. (Tested # of days: within last ~4 days)

Related to: Father.

Is this Trapped emotion triggering these past life memories? Yes.

Released

Session outcomes:

Mother reported that the child slept soundly that night post-session

Emotion Code and Body Code definitions*:

Mental energy – unique frequencies of energy (either a "will to" or a "no will to" mental energy) that become trapped in our body just like trapped emotions. They can influence our thoughts and behaviors and can also prevent the body from balancing and healing. They can trap even if the person or animal has <u>a will</u> to or <u>no will</u> to do something only temporarily.

Imbalanced sleep cycle – an underlying imbalance is causing an effect on the sleep cycle.

Trapped emotion – the energy (vibrational frequency) of an emotion that gets trapped in the body, often triggering imbalances in other parts of the body, particularly along the energy meridians on which the trapped emotion resides. They can become trapped at any time in our lives and immediately or later create the subsequent imbalance.

Information in this case study is for educational purposes only and is not meant to treat, diagnose, cure or prevent any disease.

^{*}Developed by Discover Healing. More at http://DiscoverHealing.com