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[Example report]

Person's name, age

Date

Thank you for allowing me to assist you today. **Please remember that any (emotional, mental, and/or physical) shifts may happen over the next 24-48 hours following the session.** Be kind to yourself, get rest, drink ample water, and overall know that your body is processing.

Session Details

Question: *"What is causing symptom '.....'?"*

Example answers:

Physical intolerance: Tomatoes. Corrected body's relationship with the substance

Misaligned Brow (3d eye) Chakra > (Linked w pineal gland) – Realigned

Associated imbalance: Trapped emotion of **Lack of control** – age: 6 – absorbed from mother – Released

Imbalanced Fascia – metaphorical – Corrected imbalance

Imbalanced Heart Chakra – Reset

Imbalanced Deep head muscle – forehead/eyelid – Occipitofrontalis – Balanced the muscle

Associated imbalance: **"Will to seek love/recognition from outside/others"** mental energy- Released

Question: *"What can help improve '.....'?"*

Example answers:

Post-traumatic energy > **Recovery interference energy** > age: 4 – Released

"No will to let go" mental energy – Released

Seeking heart energy – age: 17 – related to father - Released

Fascia distortion – Corrected misalignment

Pre-natal Trapped emotion of **Vulnerability** – 3d trimester, from mother – Released

Negative broadcast message: "They hate me" – Released

Example post-session notes:

Comments and Post-session Guidance:

- As always, please consult your medical doctor for any medical questions or concerns.
- To help rebalance the **Heart chakra**, you might consider (the following tested affirmatively for client):
 - Hugging loved ones more often
 - Doing an act of service for a family member on a regular basis
 - Breathwork or breathing exercises
- To help rebalance the **Brow chakra**, you might consider:
 - Meditation to strengthen intuition
 - Spending time outside in nature
- Guidance for metaphorical findings

Information in this sample report is for education purposes only and is not meant to treat, diagnose, cure, or prevent any disease.