



Pamela Warren
Certified Emotion Code® &
Body Code™ Practitioner
<https://www.eyes4nature.com/>
Eyes4Nature@gmail.com



[Excerpt from actual client report]

Age 56

Thank you for allowing me to assist you today. **Please remember that any (emotional, mental, and/or physical) shifts may happen over the next 24-48 hours following the session.** Be kind to yourself, get rest, drink ample water, and overall know that your body is processing.

We addressed the following imbalances related to your symptoms:

1. **Misalignments**
 - a. **Governing Meridian**
 - b. **Microbiome** (affects our moods, communications with our brain and more)
2. **Pathogens:** The energies of past pathogens may remain after the initial physical infection and have an impact on the body.
 - a. **Parasite energies:** ages 11, 23, and 18 – these can create anxiety, fatigue, sleeping issues, as well as appetite issues, and more.
 - b. **Virus energy:** age 19 – this can cause fatigue, as well as a handful of other symptoms.
3. **Nutrition/Lifestyle imbalance:** You might consider diffusing 3 drops of **Goldenrod essential oil** per day.
4. **Imbalanced systems, organs or glands:**
 - a. **Pituitary Gland** – can create hormonal imbalance.

5. Energy Imbalances:

Because Trapped emotions can lower the immune system ..., I inquired if you had a Heart-Wall of Trapped emotions that could be a contributing factor to your symptoms, and in fact you did. Heart-Walls are “groups” of emotions around the heart that protect your heart from further pain. You can learn more in Dr. Bradley Nelson’s book The Emotion Code: How to Release Your Trapped Emotions for Abundant Health, Love, and Happiness. Trapped emotions can be inherited or are caused by a person, situation or are absorbed from another person. I released the following Trapped emotions from your Heart-Wall in this session.

- 1) **Defensiveness** – 36 years old – Related to situation > at home.
- 2) **Helplessness** – 50 years old – Related to person > male > husband.
- 3) **Grief** – 51 years old - Related to person > female friend.
- 4) **Helplessness** – 51 years old – Related to person > female family member.
- 5) **Helplessness** – 22 years old – Related to situation > work.
- 6) ...

Comments and Post-session Guidance:

- As always, consult your medical doctor for any medical questions or concerns.
 - ...
- Prevention: ...

Other resources:

- Documentary on your body’s ability to heal: [Heal, currently available on Netflix](#)
- Wellness Resources: <https://www.eyes4nature.com/healing.html>

Thank you very much for entrusting me to help you. Until next time, health and happiness to you –

Information in this sample report is for education purposes only and is not meant to treat, diagnose, cure, or prevent any disease.